

# INK & QUILL

## DENTON CHAPTER #23, TXSSAR, Inc. Newsletter

### Minutes of the Meeting Sept. 2nd, 1999

Vice President Jim Johnson called for the Pledge of Allegiance to the Flag of the United States of America. Tom Bailey led the Pledge to the SAR and give the opening prayer. We learned not only by listening to a very interesting presentation about colonial cooking and lifestyles; but also by tasting samples of foods prepared by Mary Lynn just as they had been prepared in Colonial times. A few points presented are the following.

- ✓ The first immigrants brought their recipes with them from England, Ireland, Scotland, France, Holland, Africa, and Germany.
- ✓ Units of measure - mostly from England, 16 oz, pts, qts, cups, dram, gill.
- ✓ 1790 - 1820 Cookbooks started to have foods peculiar to America. For example, turkey, corn, various wild fowls.
- ✓ All cooking was done ahead so that no cooking was done on Sunday.
- ✓ Cookbooks in early times usually contained recipes for poultices and medicines.
- ✓ Rose water made from rose petals was used as a perfume.

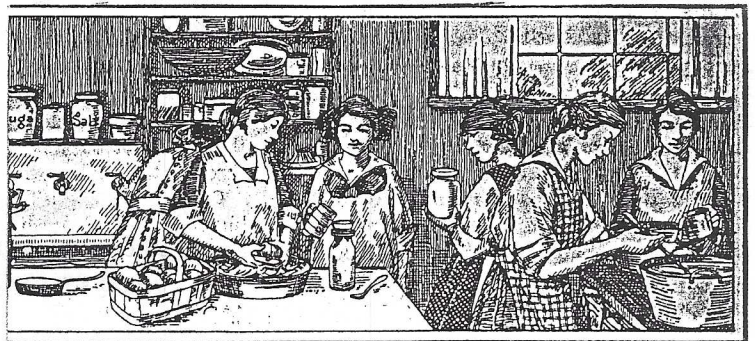
Samples of Indian Pudding, blueberry muffins and scones were served with coffee. All three were delicious even by 20th century standards. The Indian Pudding resembled pumpkin pie. But as you can see in the recipe below, it contained no pumpkin. I must repeat it here for those who didn't come to the meeting. The original of this was created by Native Americans who inhabited what is present day New England centuries before white man arrived.

3 cups milk      1/3 cup molasses      1/3 cup corn meal      1 egg beaten  
1/4 cup brown sugar      2 Tsp butter melted      1/2 tsp cinnamon  
1/2 tsp ground ginger      1/4 tsp salt

Combine milk and molasses in a heavy-bottom saucepan. Cook, stirring about 5 minutes. Stir in cornmeal and cook till mixture thickens (10 minutes more). Set aside and let cool. In separate bowl combine remaining ingredients and stir into cornmeal mixture. Pour into a buttered baking dish and bake in slow 300\* F. oven 80-90 minutes.

### NSSAR Fiscal Year Changes

Effective in the year 2000. the reporting date for all National annual reports and the payment of National dues will be Feb. 28th, 2000. The following year, the reporting date will be January 31, 2001. This change will require the sending of dues notices by October 1st, late notices by the end of November. By the year 2001, the annual expiration date of dues will be December 31st.



*"To be born free is an accident, to live free is a responsibility, but to die free is an obligation!" Earnie Cragg*

# October, 7th Meeting

Denton Good Samaritan Village - 7pm

Subject: A Mostly Texas History to the Revolution

Samuel Haynes

or

A Review of Ireland

Bill Bell

TXSSAR Chapter #23

## Officers

President

Bill Bell

Vice President & Programs

James J Johnson

Secretary & Newsletter

Samuel Haynes

Treasurer

William Vaughn

Chaplain

Tom Bailey

Historian

Tom Cain

Geneologist & Membership

Gerald Brenholtz

## Family Membership Approved

At the 109th Congress a change of major importance was approved. This change will encourage increased enrollment into our membership by providing a reduced application fee when two or more members of the same family apply for membership at the same time. "Section 2. The fee for Family Applications shall be \$35.00 for the first application and \$17.50 for each additional application provided that each additional application shall be on the same genealogical line or shall be connected by relationships not to exceed two linkages removed from the first applications' line, proof of which shall be by primary documentation only. Family applications shall be submitted at the same time and on the same Transmittal Form."

